

## Get ready for the next tournament!

Written by Administrator

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Nick Sanzo will be hosting another tournament as part of the The New York Submission Series on October 24th 2009. This is one of the few chances you have to compete locally, so get cracking and show up in shape. For tournament details see the tournament registration form at: [http://www.newyorksubmissionseries.com/files/NYSS\\_7\\_Registration\\_Form.pdf](http://www.newyorksubmissionseries.com/files/NYSS_7_Registration_Form.pdf)